

# The Four Pillars of Investing

William Bernstein © 2002

**Bernstein's overview of the four "pillars" of personal investment strategy is an important starting work for anyone new to investing and one of the best all-round investment books. It is also a challenge to many commercial operators in the industry who would rather you not read this book.**

## 1. Investment Theory

- Investors are rewarded for exposure to risk. You are not rewarded for the risk of trying to pick the next best fund or stock

## 2. History of Markets

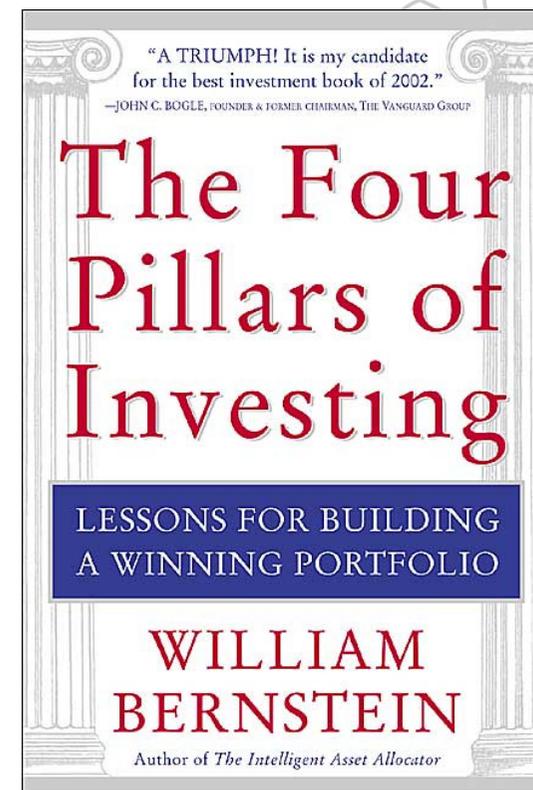
- "From time to time, markets and investors go barking mad ... from psychotically euphoric to toxically depressed" ... and such madness is only visible in retrospect

## 3. Psychology of investing

- Behavioural science teaches us about many human behaviours that lead us to become overconfident and make irrational decisions

## 4. Business of investment

- "Brokers are not your friends" and the "interests of fund companies are highly divergent to yours"



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## 1. Theory – too many focus on the wrong things

### *Are the markets rational?*

**'My answer is that it all depends on your time horizon. Turn on CNBC at 9:31AM any weekday morning and you're faced with a lunatic asylum described by the Three Stooges.**

**But stand back a bit and you'll start to see trends and regular occurrences. When the market is viewed over decades, its' behaviour is predictable'.**

### *Random walk*

**' ... likens the market to an excitable dog on a very long leash in NY city, darting randomly in every direction.**

**The owner is walking from Columbus Circle through Central Park to the Met. At any one moment, there is no predicting which way the pooch will lurch.**

**But in the long run, you know he's heading northeast at an average speed of 3 mph.**

**What is astonishing is that almost all of the market players, big and small, seem to have their eye on the dog not the owner'.**

## **Trends and regular occurrences**

**Investing is about earning a return for shouldering risk**

**Return on capital, adjusted for risk, is the same [Modigliani, Miller – Nobel prize winners]**

**Longer a risky asset is held, lower the chance of loss**

**When political and economic outlook is the brightest, returns are the lowest, when things look the darkest the returns are the highest**

**Real (inflation adjusted) returns of stocks have been about 6%, bonds 1% and cash nil**

**Over the long term, small companies provide a greater return than large, poorly run unglamorous companies return more than glamorous, better run companies**

- **Risk is higher, therefore prices are lower, potential returns are greater, especially if you hold a diverse portfolio of those types of equities**
  - **'Good companies are generally bad stocks, and bad companies are generally good stocks'**

**Over the long run, corporate earnings growth produces stock price increases**

**Stocks generally mean revert (i.e. good return periods can be followed by poor periods)**

**Following several decades of out-performance, future returns of stocks and bonds could be lower, eg. 3.5% real return, not the 6-7% historical return.**

## **Active managers don't add value**

**As early as 1930s, research [Alfred Cowles] appeared to suggest most active fund managers don't beat the market, especially after fees**

**Forecasters, strategists, economists consensus opinion "underperforms the market  $\frac{3}{4}$  of the time"**

**The only evidence of performance consistency with money managers is that the bottom 20% tend to stay there far more often than explained by chance**

**Even today institutional pension plans allocate a significant proportion of funds to active managers in spite of evidence showing most would be better off indexing**

**'Fund managers know only two things: 1) like everybody else, they don't know where the market is headed, 2) their livelihood depends on appearing to know'**

**Collective judgement of all experts of what a stock or bond is worth is its' market price**

**Your best option is to own the whole market via a low-fee and low-tax index fund**

- **Yes you will give up the chance of exceptional returns, but also exceptionally poor returns and you will enjoy lower fees and taxes**

**You cannot adequately diversify over the long term holding a small basket of direct shares**

**'Since you cannot successfully time the market or select individual stocks, asset allocation should be the major focus of your investment strategy'**

## 2. When markets go berserk (history of investing)

**'From time to time, markets can become either irrationally exuberant or morosely depressed'**

- **In good times, remember that things can go to hell in a hand basket**
  - **During good times, future returns can be the lowest**
- **In bad times, things almost always turn around**
  - **During bad times, future returns can be the highest**
  - **Eg. bad times: from 1973 to 1979, DJI moved from 1000 to 875 (today 10,000)**

**'How to handle the panic'**

- **Maintain a firm asset allocation**
  - **'Do not underestimate the amount of courage it takes'**
- **Rebalance: sell what has gone up, buy what has gone down**

**And for the future?  
'Possibility of a period of low returns and pervasive pessimism'**

### 3. Behavioural investing

**Central premise is that we are not programmed to be good investors**

- **The intuition that helped us survive sabre tooth tigers, doesn't always help us be good investors**

**Beware of ...**

- **Fashion or following the herd: most topical investment may be overpriced**
- **Overconfidence: 'the average investor believes he will beat the market by 2%'**
- **Compartmentalising success and failure: Attribute luck to skill, forget failures**
- **Recency: eg. focusing on past performance despite evidence equities mean revert**
- **Entertainment: like gambling, people gravitate to low probability, high returns**
- **Focusing on short term: 'we feel more pain losing 30% suddenly, than the more damaging possibility of failing to meet our long term goals'**
- **Searching for patterns: 'world's wealthiest people would be librarians if patterns repeated'**
- **Becoming a 'whale' (the cash cows of the investment industry who are bled with commissions associated with exotic products sold to wealthy investors)**

**'The biggest obstacle to your investment success is staring at you from your mirror'**

## 4. On the business of investing

**Bernstein is not a friend to all in the financial industry, he believes ...**

**Brokers are not your friends, they are poorly trained stock 'sellers' whose performance is never benchmarked, and are conflicted by service to their institutional clients**

- **'Just bypass them'**

**Investors have to tread carefully employing fund managers whose main goal is to accumulate assets not deliver cost-effective investment performance**

- **Funds management is at least more transparent than stockbroking**

**'Ninety nine percent of what you read and hear from the financial media is advertising cloaked as journalism'**

- **Money managers and financial press 'desperately need each other' (this is not unique: consider fashion, automobiles, travel reporting )**
- **1999 *Fortune* 'Unfortunately, rational, pro-index fund stories don't sell'**

**The market is your best advisor (you are hiring the aggregate judgement of the experts)**

**The only real guidance you need is on your overall asset allocation and self-discipline  
*[and we add investment structuring in the complex Australian environment]***

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